



# The Colonial Heights Christian

“Connecting People to Christ, His Word, and His Family”

105 Meadow Lane  
Kingsport, Tennessee 37663  
Office Phone: 239-2500  
E-mail: office@chcckpt.org  
Website: www.chcckpt.org

## SCHEDULE OF SERVICES

Sunday Morning:  
Traditional Worship 9:00  
Children's Jam Pack 9:00  
Adult and Youth Sunday School 9:00  
Fellowship Time 10:05  
Contemporary Worship 10:30  
Children's Jam Session 10:30  
Adult Sunday School 10:30

Sunday Evening:  
Youth Groups 6:00  
Small Groups 6:00

Wednesday:  
Dinner 5:45  
Children's Groups 6:15  
Youth Groups 6:15  
Adult Worship 6:30  
Electives 6:30

## Office Hours

Monday thru Thursday  
9:00 a.m. – 3:30 p.m.  
Friday  
9:00am – 1:00pm

## STAFF

Dr. Bruce Montgomery  
*Interim Minister*  
Ext. 103

Jeremy Green  
*Youth Minister*  
Ext. 105

Tabitha Martin  
*Director of Children's Ministries*  
Ext. 106

Anndria Miller  
*Parish Nurse*  
Ext. 107

Melissa Woods  
*Worship Leader & Choir Director*  
Ext. 110

Carolyn Hammond  
*Administrative Assistant*  
Ext. 102

Carolyn Ross  
*Secretary*  
Ext. 101

Betty Crawford/Sherry Blevins  
*Custodians*

May 1, 2012

A Monthly Newsletter

Volume 53, Issue 5

## CONGREGATIONAL MEETING

### WEDNESDAY, MAY 9

### 6:30PM, WORSHIP CENTER A

### SEE PAGE 2 FOR DETAILS



## SPECIAL HOPE HOUSE

### MOTHER'S DAY

### OFFERING

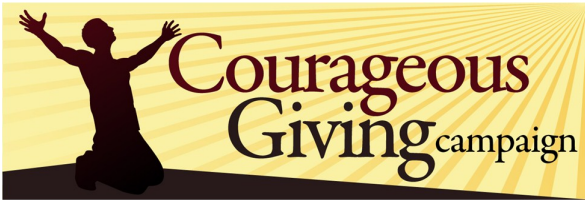
### SEE DETAILS, PAGE 2



## 3RD ANNUAL SPECIAL NEEDS PROM

### THANK YOU TO OUR VOLUNTEERS!





### Commitment Sunday for Courageous Giving is May 6!!

Three years ago, the members of CHCC stepped out in faith and giving above and beyond their normal giving during the Building to Serve campaign. That campaign was launched to build the Family Life Center. The level of giving was truly sacrificial and certainly very courageous.

Several weeks ago we celebrated the fact that we had achieved a level of giving in excess of \$1 million, thanks to God's blessings and your generosity. We have accomplished much through God's grace, but we have much to do going forward.

Again, it is our privilege and responsibility to continue that Courageous Giving by offering our commitments this Sunday May 6, to the ongoing ministries of CHCC.

In preparation for our commitment, we had an Elder's Forum on April 25 to review the Vision of CHCC. We also conducted Lead Giving meetings on April 23 and 26 to provide additional information about the Courageous Giving Campaign. On Wednesday, May 2, 6:30pm, we will be having a time of prayer. Chris Lloyd is coordinating a 24-hour prayer vigil from 6am Friday, May 4, until 6am Saturday, May 5. You may still sign up to participate at either Guest Services Desk.

On Sunday, May 6, we will all be given an opportunity to make a 3 year pledge. We hope you are excited by what you see here at CHCC! We also hope you are excited about the future. I encourage you to do whatever you can to help the staff and leadership achieve the vision that God has planned for CHCC. God has blessed us richly as a church. As an example, in the last 6 months, 24 persons have joined CHCC, and we have over 80 persons who are consistently visiting this fellowship of believers. We were blessed with 693 worshipers on Easter Sunday with an average attendance of over 450. What an opportunity to reach out for Christ!

God has placed all of us here for a purpose: to be His servants, and to be good stewards of all He has given us. Prayerfully consider supporting this campaign so that we can all continue the good work we have ahead.

Thanks for your prayers,  
David Darden  
Chairman of the Elders

## Congregational Meeting

### Called Congregational Meeting on May 9

Colonial Heights Christian Church will have a called congregational meeting on Wednesday night, May 9, 6:30pm, for the following purposes:

1. Formally approve Bruce Montgomery's move from Interim Senior Minister to Associate Minister. Phil Roberts' first Sunday will be June 10, and we need a congregational vote to confirm Bruce's change in position. We are excited about Bruce continuing to minister to our congregation!
2. Formally approve the move from a Construction Loan to a Commercial Mortgage Loan for the FLC. The construction phase has been completed, and we need to move to a lower interest, fixed rate loan. This move also requires a congregational vote.

Please be in prayer for these two important decisions for our congregation as we move forward in serving **Him!**

## Mother's Day Offering



*"We Care About Life!"*

The annual Hope House Mother's Day offering will be collected on Sunday, May 13th. Bring your love offering in support of mothers & babies in crisis situations or mail to: Hope House, PO Box 5821, Kingsport, TN 37663. Envelopes and more information about the mission and history of Hope House will be provided as a bulletin insert on Sunday, May 6th and 13th.

## Church Directory

Would you like to participate in creating our new church directory? You do not have to be a member of CHCC to be included. If you are either a member or a frequent attendee, we want your picture! Rebecca Marr, of Rebecca Marr Photography, will be at CHCC on Wednesday, May 16 thru Saturday, May 19 and Sunday, May 27 to take family photographs. There is no obligation to purchase prints. Each family will receive a FREE 8x10 from your session. You will be able to schedule a time to return to view your images, select your free 8x10 and choose your directory photo. At this time, you will have the opportunity to purchase any additional prints from your session.

## Family Talk

**Adventa Hospice** provides physical, emotional and spiritual support for terminally ill patients and their families. They are in need of volunteers in the Kingsport community. The training is free and available on an individual or group basis. If interested, please call 423-288-9777 or [www.amedisys.com](http://www.amedisys.com).

## Fig Tree Fellowship

On Saturday, May 5, 10am-12 Noon, Emmanuel Christian Seminary Chapel, the Fig Tree Fellowship will sponsor a **Storytelling Workshop**. Come for coffee, fellowship, entertainment, and learn how to tell a good story! If you are a Sunday school teacher, drama leader, a mother who just wants to teach her children about Christ, or anyone interested in storytelling....this is for you! The cost is \$10; students are free. Registration begins 9:30am. There will be an opportunity to donate to Fig Tree Fellowship's scholarship fund. For reservations, please contact 423-461-1501.

## From Bruce's Desk

I mentioned that, when I was young, church didn't seem like that much fun, but Sundays with each of you at Colonial Heights Christian Church are filled with warm relationships, energy, worship, and love. It is fun to be part of a "Great Commission Church", where people really take Christ and his commission to make disciples seriously. I pray that our visitors each week sense a passion for God, his family, and our enthusiasm to serve our great God.

We have so much going on to be excited about:

- Tabitha is planning her first VBS with us. By the way, if you haven't stopped by her display in the new lobby and taken a few note cards to provide items needed, then please do so soon before they are all grabbed up.
- Jeremy and the Senior High are putting the final touches to the Romania Mission trip.
- Our first intentional outreach working with Milligan coaches for a basketball camp, 9am - Noon on May 29 is really coming together. We are looking for boys and girls from 7-13 years of age. Our limit will be 48 campers. If we get more; we will open up a second camp from 1-4 p.m. This will be a chance to use our facility and sports as a platform to share Jesus' love.
- Phil and his family will be arriving soon!
- Our choir has shared about His Great Name several times in the community.
- This Sunday we will celebrate our **Courageous Giving Campaign**. I don't know about you, but I can hardly wait to see what God has in store for us. We purposely did not set a goal because we wanted to see what God would do.
- People are responding to the gospel.
- People are growing in faith.
- People are serving.

Wow, God is amazing!

In His Love,  
Bruce

# Awaken Announcements

## WHEN & WHERE

**Sunday Mornings**- Soul Train- Grades 6-12 (9:00-10:00am)  
LOFT

**Sunday Nights**- High School Alive- Grades 9-12 (6:15-7:30pm)  
LOFT

**Wednesday Nights**- Middle School Alive- Grades 6-12 (6:15-7:30pm) LOFT

High School Focus Group- Grades 9-12 (6:15-7:30pm)

## Jr. High MIX (Summer Conference)

**When:** June 25-28

**Where:** Knoxville, TN- Johnson University

**Cost:** \$249.00 (covers everything!)

**Who:** Grades 6-8 only (currently in)

**What:** A brand new 4 day conference for middle school students! CIY (Christ in Youth) is preparing this amazing week packed with intentional activities, teaching, games and much more for middle school students specifically! It will be an amazing few days! Don't miss this!

**Sign up deadline: May 23, 2012**

**NOTE: Jeremy will be in Romania during these trip dates.**

**Tabitha Martin, our children's minister, will be leading this event!**

## Youth & Graduation Sunday- May 20, 2012

On behalf of the student ministry, we invite all parents/grandparents to a very special celebration Sunday for our high school and college graduates! We will take time to honor those graduating in both services on May 20<sup>th</sup>. This year's theme will be "The Amazing Race" and it should be a lot of fun! Don't miss this great day!

## SUMMER 2012 EVENTS:

**June 22-July 1-** Romania Mission Trip- Please pray for the 34 member team preparing for this trip!

## Current Alive Series (Wed & Sun) continuing in May

**"That Big Fish"** –Join us on Sunday & Wednesday nights in the months of April/May for "That Big Fish!" A character study into the life of Jonah! This one will be fun and maybe even a little bit wet! We will be answering several big questions about Jonah and about God! Don't miss this!

## Continue to visit our website for event information & more!

Check out the student ministry website for all our activities and much more! [www.awakenus.net](http://www.awakenus.net).

# Jam Central

## Sundays

9-10 am – **Jam Pack** for ages 2 through 5<sup>th</sup> grade (check-in your child at the Traffic Jam)

10:30-11:45 am – **Jam Session** for ages 2 through 5<sup>th</sup> grade (check-in your child at the Traffic Jam)

## Wednesdays

6:15-6:45 – Slam Jam play time (drop your child off at Jam Central)

6:45-7:30 – Slam Jam classes for ages 2 through 5<sup>th</sup> grade

## VBS Is Coming!

Mark your calendars for June 10 thru 14th! VBS theme this year is **Survivor: Refuge!** Come test your survivor skills and learn how to survive on the island. *Ephesians 1:7: "In Him we have redemption thru his blood, the forgiveness of sins, in accordance with the richness of God's grace that He lavished on us.*



To register for VBS go to [www.chcckpt.org/vbs.html](http://www.chcckpt.org/vbs.html).

Want to help? Check out the **VBS Donation Board** in the FLC lobby to see how you can help donate items for VBS. Also, we need volunteers! There are many opportunities to use your talents and gifts for God! For a full list of ways to be involved, contact Tabitha, [Tabitha@chcckpt.org](mailto:Tabitha@chcckpt.org).

## Notes From Melissa

Words can't describe the incredible worship service we had this past Sunday afternoon lifting up the great name of Jesus! I appreciate the long, hard hours the choir spent preparing. It was definitely worth all the effort. One of our choir members was baptized this past week, in part from the influence of this musical. Now that makes it all worthwhile!!! We thoroughly enjoyed partnering with our brothers and sisters from Indian Springs and Life Bridge Christian Churches. We hope to do more of these joint programs in the future. As always, we need to thank all the folks "behind the scenes" that make things happen. We are so very blessed to have the facilities, equipment, and man-power to present this type of program.



We still have two presentations left on, as Bruce calls it, - "Our World Tour". We will be in Elizabethton tonight at East River Park Christian Church. The service begins at 7pm. We will be back in Kingsport on Sunday, May 6<sup>th</sup> at Litz Manor Baptist beginning at 6pm. Please join us if you can!

Remember, there isn't anything that God can't love and bring you thru. Just call on His great Name!!!

Melissa

## Parish Nurse News from Anndria

### MAY HEALTH WEB SITES

Arthritis Awareness Month – [www.arthritis.org](http://www.arthritis.org)

National Osteoporosis Awareness – [www.nof.org](http://www.nof.org)

Skin Cancer Detection and Prevention -  
[www.melanomamomday.org](http://www.melanomamomday.org)

Food Allergy Awareness Week - [www.foodallergy.org](http://www.foodallergy.org)

Asthma and Allergy Awareness Month – [www.aafa.org](http://www.aafa.org)

American Stroke Month – [www.strokeassociation.org](http://www.strokeassociation.org) and  
[www.americanheart.org](http://www.americanheart.org)

Celiac Disease Awareness – [www.celiaccentral.org](http://www.celiaccentral.org) and  
[www.celiac.org](http://www.celiac.org)

National High Blood Pressure Education Month –  
[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

Children's Mental Health Awareness Week –  
[www.childrensmentalhealthmatters.org](http://www.childrensmentalhealthmatters.org) and [www.ffcmh.org](http://www.ffcmh.org)

### OSTEOPOROSIS RECOMMENDATIONS

All postmenopausal women should be encouraged to employ lifestyle practices that reduce the risk of bone loss and osteoporotic fractures: maintaining a healthy weight, eating a balanced diet, obtaining adequate calcium and vitamin D, participating in appropriate exercise, avoiding excessive alcohol consumption, not smoking, and utilizing measures to prevent falls. Periodic reviews of calcium and vitamin D intake and lifestyle behaviors are useful. After menopause, a woman's risk of falls should be assessed annually.

Extreme exercise is not necessary to affect a bone benefit. Even mild forms of exercise that improve agility and balance can benefit the skeleton. Active weight-bearing or strength-training exercises can increase bone mass if they increase muscle mass and strength.

### CAMP CATERPILLAR

May 12, 2012

This is a children's grief camp for children experiencing the grief of losing a friend or family member. See our Health Resources Bulletin Board or call 1-800-844-4070 or (423) 844-5277 for registration information.

### WALKING PROTECTS AGAINST STROKE

Women who walk 2 or more hours a week, especially at a brisk pace, are significantly less likely to experience any type of stroke than women who do not walk, according to long-term follow-up findings from the Women's Health Study (WHS). Stroke is the leading cause of adult disability and the third leading cause of death in the United States. Therefore, it is important to address and identify modifiable risk factors for the primary prevention of stroke. Source: [Stroke See www.strokeassociation.org](http://www.strokeassociation.org) and take the "My Life Check" Assessment.

# Workers Box

## MAY MEETINGS & EVENTS

- ⇒ **Lydia Circle**, Lunch at Meadowview, Thursday, May 3, 11:15am, leaving from CHCC at 10:45am
- ⇒ **The Amazing Race 2 High School Lock Out**, Friday, May 4, 7pm thru May 5, 7am
- ⇒ **Missions Workday to Kentucky**, Saturday, May 5, leaving CHCC at 7am
- ⇒ **Courageous Giving Sunday**, Sunday, May 6, both services
- ⇒ **Elder's Meeting**, Sunday, May 6, 12 Noon, Room 210
- ⇒ **Living Touch Circle**, Monday, May 7, 7pm, Harriet Jones, hostess (note change)
- ⇒ **Leah Circle, "Live It Up Ladies Night Out"**, Celebration Church, Tuesday, May 8, 6:30pm
- ⇒ **Congregational Meeting**, Wednesday, May 9, 6:30pm, Worship Center A
- ⇒ **Rebekah Circle**, Thursday, May 10, 7pm, Room 210, Eleanor Masters, hostess
- ⇒ **Food Delivery to Holston Terrace, Kiwanis Towers**, Saturday, May 12, meet at CHCC, 8:30am
- ⇒ **Mother's Day Special Offering for Hope House**, Sunday, May 13, both services
- ⇒ **CHCC Church Directory Photo Sessions**, Wednesday, May 16 thru Saturday, May 19
- ⇒ **J.O.Y. "Just Older Youth" Meeting and Covered Dish Luncheon**, Thursday, May 17, 10:30am, Room 210
- ⇒ **Youth and Graduate Recognition Sunday**, Sunday, May 20, both services
- ⇒ **Romania Mission Team Meeting**, Sunday, May 20, Loft, after 2nd service
- ⇒ **CHCC Church Board Meeting**, Monday, May 21, 7pm, Room 210
- ⇒ **50th Anniversary Reception for Walter "Zeke" and Betty Crawford (CHCC Custodian)**, Saturday, May 26, 2-4pm, Fellowship Hall
- ⇒ **Leroy Lawson, Guest Speaker**, Sunday, May 27, both services
- ⇒ **CHCC Church Directory Photo Session Make-Up Day**, Sunday May 28
- ⇒ **Church Office Closed for Memorial Day**, Monday, May 28
- ⇒ **CHCC Sponsored Basketball Camp**, Tuesday, May 29, 9am-Noon, FLC



Many opportunities to connect. See the front cover for details.

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Let us know of your new address.